



To: Advisory Council on the State Program for Wellness
and the Prevention of Chronic Disease
From: Nicki Aaker, Director of Carson City Health and Human
Services (CCHHS)
Date: July 17, 2023
Subject: CCHHS Quarterly (Q2) Report of Activities

Chronic Disease Prevention and Health Promotion (CDPHP) Division

Adolescent Health Education Programs (AHEP)

- Program Coordinator attended the Adolescent Health Initiatives 2023 Conference on Adolescent Health. There were 615 registered attendees, with 120 being youth, representing 432 organizations from nine countries.
- Program Coordinator attended the following outreach events during the quarter:
 - April 29, 2023– Division of Child and Family Services & Court Appointed Special Advocates' BE A HERO Fun Run & Family Fair
 - May 21, 2023 - Carson City Kids to Parks Day
 - June 16 – 19, 2023 - Stewart Indian School Father's Day Powwow
- Program Coordinator was on the Carson City School District's Family Life Committee April agenda to present the Promoting Health Among Teens (PHAT) curriculum for consideration at the two Carson City Middle Schools. Conversations and program promotion will continue for the 2023/2024 school year. The Family Life Committee is committed to having CCHHS teach an Abstinence curriculum in the middle schools; however, there are various approval processes that need to occur over several months.
- Barriers for the Abstinence program continue to be recruitment of agencies willing to host the program.
- In May, an article was written about the Families Talking Together (FTT) program, which ran in the Nevada Appeal during National Adolescent Health Month – Article can be found at: <https://www.nevadaappeal.com/news/2023/may/02/get-healthy-carson-city-supporting-teens-in-all-aspects-of-life/>
- CCHHS Adolescent Health staff conducted the Making Proud Choices curriculum at the following locations:
 - April: Western Nevada Regional Youth Center, Carson City Juvenile Detention,
 - April/May: Carson High School,
 - June: Carson City Juvenile Detention – Summer Wilderness Program, and
 - June: Began but will not finish until July 2023, a combination in-person and hybrid training for

Ryan White – Retention in Care Program

The Ryan White Retention in Care Program's goal is to locate HIV+ individuals that are out of medical care, identify the barriers experienced and get the individual back into care. The program works with individuals with a last known address within Nevada. This program will also help newly diagnosed HIV individuals get into care. The State of Nevada Program Coordinators are revamping the Retention in Care, Outreach program since there are 3 grantees now for these services.

CCHHS' Retention in Care Coordinator continues to help individuals contacting her for various reasons. These individuals include previous clients, referrals, and new to the area.

Tobacco Control and Prevention Program

Program funding consists of CDCs Tobacco Prevention, Health Disparities Grant through the Nevada Cancer Coalition, and Nevada Clinical Services formerly the Funds for Healthy Nevada.

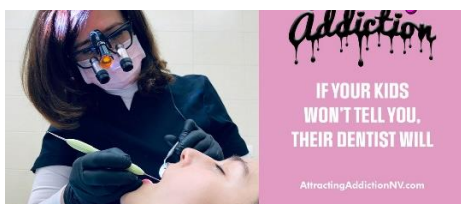
- The Nevada's Youth Vaping Prevention Funds was not renewed during the 2023 Legislative session. These funds were the result of taxing vaping products and devices which passed in the 2019 Legislature. CCHHS used these funds to education youth, parents, and school personnel about the dangers of youth vaping, which continues to be important due to the youth vaping epidemic. As part of the presentations, real devices were shown and could be handled by attendees. Currently, CCHHS is not able to continue the program since there is no other funding currently available to support it.
- CCHHS will continue the Attracting Addiction social media posts developed before June 30, 2023, that provide messages about nicotine and how youth are being targeted within the advertisements.



"Not only does smoking remain the leading cause of preventable disease, disability, and death in the U.S., but it costs hundreds of billions of dollars each year! The tobacco industry alone spends more than \$8 billion on advertising and promotions."

"Some vape labels do not disclose that they contain nicotine, while others marketed as nicotine-free have still been found to contain nicotine. Most vape brands are owned by the same tobacco companies that make cigarettes. For more information, visit <https://www.attractingaddictionnv.com/>

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"Did you know vape juice flavoring can soften tooth enamel by 27%? Enamel protects your teeth from cavities. Additionally, other ingredients in vape juices irritate the gums and cause dry mouth. For more information, visit <https://www.attractingaddictionnv.com/> "

- The Nevada Clinical Services grant received a notification requiring us to reduce our budget after receiving the Notice of Award. A reduction of nearly 40% was realized; staff positions and percentages were reduced, activities were reduced, along with operating and the indirect fee.
- Staff are conducting outreach by attending various events throughout the Quad-County Region:
 - April 6, 2023 – CC Meneley Elementary School’s Health Fair
 - April 27, 2023 – Jacks Valley Elementary School’s Health Fair
 - April 29, 2023– Division of Child and Family Services & Court Appointed Special Advocates BE A HERO Fun Run & Family Fair
 - May 21, 2023 - Carson City Kids to Parks Day at Mills Park
 - June 8, 2023 – Ace’s Baseball Pride Night
 - June 16 – 19, 2023 - Stewart Indian School Father’s Day Powwow
- Staff are active in various organizations focusing on Tobacco Control and Prevention, along with various partners throughout the state:
 - Nevada Tobacco Control & Smoke-free Coalition’s Policy Committee,
 - Nevada Tobacco Control & Smoke-free Coalition’s Communication Committee, and
 - Nevada Public Health Association’s Governance and Policy Committee.
- Staff presented to CCHHS Human Services’ Workforce and CCHHS’ Clinical Services staff.
- Youth vaping activities, which will not be possible due to the loss of funding:
 - CCHHS staff partnered with Partnership Carson City and conducted 3 presentations to 6th – 8th grade school clubs.
 - CCHHS has been working with SNHD, WCHD, some of the statewide coalition members such as Healthy Community Coalition and Partnership Douglas County on the Attracting Addiction NV initiative to educate decision-makers and the public on flavored tobacco products including products containing menthol. **Note:** *The posts that have been developed will continue to be posted. No new posts will be developed.*
 - The CCHHS website and brochure have been updated to reflect the most current data we have in Nevada.
 - English brochures have been updated to educate youth/young adult, parents, and/or decision makers on the issue of flavoring tobacco products.
 - Parent Toolkit and Educator Toolkit, along with Vaping Prevention Signage Kit, which includes information about emerging trends, educational material about the harms of e-cigs, signs and symptoms of vaping related illness, stats and facts, and cessation resources. Mailed to Carson City Middle and High schools.
 - Carson Middle School
 - Eagle Valley Middle School
 - Carson High School
 - Pioneer High School (Pioneer Academy)
 - Presentation for educating school staff including educators, school nurses, counselors, and administrators developed.
 - Parent, Educator, Signage distributed to Carson City Middle and High schools.
 - Carson Middle School
 - Eagle Valley Middle School
 - Carson High School
 - Pioneer High School (Pioneer Academy)

Preventive Health and Health Services

The Community Health Worker (CHW) resigned from her position. No new CHW has been hired.